

Philippine Regions

Written by Rafael Joseph del Mundo

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“A **region** (Filipino: Rehiyon) is an administrative subdivision in the Philippines. As of 2002, there are 17 of them and 16 of them are further subdivided into 81 provinces (lalawigan). Regions are generally organized to group provinces that have the same cultural and ethnological characteristics. The provinces are actually the primary political subdivision. They are grouped into regions for administrative convenience. Most government offices establish regional offices instead of individual provincial offices, usually (but not necessarily always) in the city designated as the regional center.

Source:

[Wikipilipinas](#)

Image :

<http://www.ezilon.com>

THE SEVENTEEN (17) REGIONS

NCR – National Capital Region

Caloocan City, Las Piñas City, Makati City, Malabon City, Mandaluyong City, Manila, Marikina City, Muntinlupa City, Navotas City, Parañaque City, Pasay City, Pasig City, Pateros, Quezon City, San Juan City, Taguig City, Valenzuela City

Region

Ifugao, Kalinga, Mountain Province

CAR - Cordillera Administrative

Abra, Apayao, Benguet,

Region 1 – Ilocos Region

Ilocos Norte, Ilocos Sur, La Union, Pangasinan
Batanes, Cagayan, Isabela, Nueva Vizcaya, Quirino

Region 2 – Cagayan Valley

Region 3 – Central Luzon

Aurora, Bataan, Bulacan, Nueva Ecija, Pampanga, Tarlac, Zambales

Region 4A –

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CALABARZON

Batangas, Cavite, Laguna, Quezon, Rizal

Region 4B – MIMAROPA

Marinduque, Occidental Mindoro, Oriental Mindoro, Palawan, Romblon

Region 5 –

Bicol Region

Albay, Camarines Norte, Camarines Sur, Catanduanes, Masbate, Sorsogon

Region 6 –

Western Visayas

Aklan, Antique, Capiz, Guimaras, Iloilo, Negros Occidental

Region 7 – Central Visayas

Bohol, Cebu, Negros Oriental, Siquijor

Region 8 – Eastern Visayas

Biliran, Eastern Samar, Leyte, Northern Samar, Samar, Southern Leyte

Region 9 –

Zamboanga Peninsula

Zamboanga del Norte, Zamboanga del Sur, Zamboanga Sibugay

Region 10 – Northern Mindanao

Bukidnon, Camiguin, Lanao del Norte, Misamis Occidental, Misamis Oriental

Region 11

– Davao Region

Compostela Valley, Davao del Norte, Davao del Sur, Davao Oriental

Region 12 –

Soccsksargen

Cotabato, Sarangani, South Cotabato, Sultan Kudarat

Region 13 – Caraga

Agusan del Norte, Agusan del Sur, Dinagat Islands, Surigao del Norte, Surigao del Sur

ARMM – Autonomous Region in Muslim Mindanao

Basilan (ex. Isabela City), Lanao del Sur,

Maguindanao, Sulu, Tawi-Tawi

SUBJECT HEADINGS & KEYWORDS

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Philippines--Maps

Philippines--Social conditions

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DS651-689 Philippines
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ARMM – Autonomous Region in Muslim Mindanao

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OPAC

<http://opac.emc.hs.admu.edu.ph/>

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<http://rizal.lib.admu.edu.ph/cippa/cippa.asp>

Local Periodicals Index*

<http://emc.hs.admu.edu.ph/lpi>

Finding Periodicals & Periodical Articles

<http://emc.hs.admu.edu.ph/index.php/research-guides/finding-periodicals-and-periodical-artic>

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